

learn – connect – be stronger

Friends & Family Hub

Thinking BIG for families of children with additional needs

Do you have a friend or family member who is a child or young person (0 – 25 years) with a learning difficulty or disability? ✓

Would you like to connect with others, listen to guest speakers, share information, or learn new skills? ✓

WE ARE HERE FOR YOU

- Opportunities to connect with other parents and carers in friendly groups (face-to-face & online)
- Easy walks, to chat and enjoy the outdoors
- Qualified advice and support
- Online resources
- WhatsApp peer support groups
- Regular information events with guest speakers and trainers

No commitment required – just here when you need us

GET IN TOUCH

We have Hubs based in

Bradford / Menston / Keighley / Online

If you would like to find out more about the groups and how you can get involved, email friendsandfamily@thinkingbiguk.org



Thinking Big is a not-for-profit, independent, social enterprise. Our aim is to promote social inclusion, opportunity and wellbeing. You can find out more about us by visiting www.thinkingbiguk.org

If you want to ask anything about the Friends & Family Hubs you can email friendsandfamily@thinkingbiguk.org

If you want to get in touch about any of our other projects or training, you can email admin@thinkingbiguk.org

The Friends & Family Hubs are proud to be supported by



and everyone else who makes the Hubs possible