

Family Leadership Programme 2021



Module 5

Planning for good health

CYP with LD and Speech and Language Therapies

What's it all about?

- The Family Leadership Programme has being CoProduced, to help the parents and carers of young people with special educational needs and disabilities. The aim of the programme is to ensure that parents and carers are **well informed** about opportunities and support networks that are available in Bradford.
- Parents and carers will learn about processes and assessments as set out in the [SEND Code of Practice](#). This is to ensure that there is a focus on preparing for work, gaining independence, accessing opportunities in their community and planning for good health.
- The Programme is delivered through six, two hour modules by people with first-hand knowledge of these themes to help you support your young person.



CoProduction Values in Bradford

The Family Leadership Programme has been co-produced by Service Leads in Education, Health and Social Care, SENDIASS, Parent Carer Groups and Voluntary Sector Organisations.



Module 1 Introduction and Rights

To help Parents/Carers understand Person Centred Approaches, the 4 Preparation for Adulthood Outcomes and how they can help support their young person. Describes the key elements of the Person Centred Review and how the resultant plan reflects what is important to and for the young person now and in the future, their capacities and what support they may need. Parents/Carers will also be introduced to the rights of the Child and/or Young Person.



Module 2 Friends, Relationships and Community Opportunities

Participants are introduced to teams and information about social inclusion and accessing community opportunities



Module 3 Independence and Independent Living

Personalises different options towards living independently, including budgeting and the various routes to many housing options including home ownership, renting, shared and supported living. Participants are introduced to a broad range of assistive technologies that support independence and listen to the personal stories of those who have taken the steps to supported independent living.



Module 4 Education, Learning and Work

Drives the vision that with the right support, people with SEND can, achieve their wants, dreams and aspirations. People with SEND can and do work and this module introduces support including signposting to relevant professionals and organisations, routes and outcomes.



Module 5 Planning for Good Health

Parents and carers will hear about what to expect from adult health services and provision, learn about health action plans and the ways we can support young people with a learning difficulty and/or disability in mainstream health services.

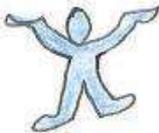
5a CYP with LD and Speech and Language Therapies –

An introduction to the support available from both primary care and specialist Learning disabilities health services for young people & adults with learning disabilities. Parents and carers will hear about what to expect from adult health services, including the GP's learning disabilities register, annual health checks & health action plans as well as find out what support there is from more specialist services for those young people who have more complex or unstable health needs. An introduction to the support available from Bradford's Speech and Language Therapy Service for Children and Young People aged up to 25 with SEND, who have communication and/or swallowing needs. Parents and carers will hear about the teams within the service, how we provide assessment and intervention and the specialist support available

5b Complex Physical Health –

This module will inform parents and carers about the role of PFA co-ordinators within the hospital setting. It discusses how the Transition health passport will support you through this process and how we use a multidisciplinary approach to ensure an effective transition to adult services.

Module 6 What Happens Next and Feedback



Speech & Language Therapy

Facilitator:

Bridget Bay: Highly Specialist Speech and Language Therapist, Lead for Complex Needs Team, Bradford District Care Foundation Trust

Criteria

- Supports children and young people up to 25 years with SEND
- Referrals made to the service
- Young people 18 years, the service is made up of the following teams
 - core paediatric team
 - complex needs team
 - special school's teams
 - Speech & Language CAMHS team
 - Youth Justice Service
- SEND young people 19 – 25 years, two teams
 - Adult Community Team (for people with neurological conditions)
 - Adult Learning Disability Team (for people with a diagnosed learning disability)

Workforce

- All teams are staffed by both speech and language therapists (SLT) and clinical support workers
- Children and young people can be seen in settings (e.g. schools, colleges or day services), in clinics, via telehealth or at home
- The SLT service offers assessment, diagnosis, intervention and advice for communication and swallowing needs
- Assessment and intervention can be carried out in a client's Home Language as well as English
- Intervention can be direct (1 to 1 or group based) or indirect (supporting families, carers and settings to meet identified needs)

- The SLT service provides specialist support for many areas including dysphagia (swallowing difficulties), Autism, Neurodiversity conditions, dysfluency, hearing impairment and AAC (Alternative, Augmentative Communication).
- Training workshops are provided for parents and carers as well as settings and for other practitioners
- SLTs contribute to Education & Health Care Plans
- SLTs liaise with many other professionals including paediatricians, teaching staff, staff in settings, Health Visitors, GP and School nurses

Contact :

Physical health Administration Hub

Level 5, New Mill

Victoria Road

Saltaire

Bradford

BD18 3LD

Tel: 01274 221166

Support for adults with
Learning Disabilities –
Health Support Team,
Bradford District Care
Foundation Trust

Facilitators

Vicky Donnelly

Strategic Facilitator & Clinical Specialist
Lead Learning Disabilities, NHS
Bradford District and Craven Clinical
Commissioning Group

Learning Disabilities Support Team
Waddiloves

Bradford District Care Foundation Trust

People with learning disabilities have more health conditions than general population



Services don't always make the reasonable adjustments required under the Equality Act



**Health inequalities
Preventable & premature
deaths**



Ways to reduce health inequalities

Service provision

- Primary care responsibilities:
Learning disability registers, annual health checks and mainstream support via GP
- Secondary care support: not everyone with a learning disability needs to access specialist services but these are available for those who need this additional help
- Learning disabilities health support team based at Waddiloves but covers Bradford, Keighley and Craven - works with adults with learning disabilities

Learning Disability Register

Primary care

- All GP practices have a learning disabilities register so they can flag people who need extra help
- This is an all age register of anyone who has a learning disability or are “coded” with a medical condition that might suggest learning disabilities
- You can ring your GP surgery and ask if your young person is on the register
- If they are on the register, they are entitled to have an Annual health check once they are aged 14
- You can also suggest to the surgery that your young person has Accessible Information Needs

Annual Health Checks

- Annual health checks have been offered for over 10 years now – an opportunity to meet with the GP once a year to have a check up
- Offered to people aged 14 and over on the GP's learning disabilities register – opportunity to develop relationships with young people who may only have seen consultant paediatrician previously
- All GPs across the district are signed up to offer these – if your young person is not offered this, please contact the GP surgery and ask for it
- Support in school to prepare people for a health check
- [Introduction to Annual Health Checks for people with a Learning Disability - YouTube](#)



Staying healthy

Annual Health Check Action Plan

..... Surgery

Health action plan:

to be given to person at the end of the annual health check as a reminder of discussion



Patient Name:

Who supported me today:

Date of Annual Health Check:

Who completed check:

		Tick where needed:	Further Action Required: Turn to page
	We found you are in good health. You require no further treatment.		
	Your next Annual Health Check will be on:	Date:.....	

Easy read feedback form following an annual health check

[Learning Disability services -
Bradford and Airedale BDCT](#)

Social prescribers in primary care

- Social prescribers (or Community Connectors) are based in the GP practice & connect people with non medical support in their local neighbourhood
- There are some social prescribers who are specifically for children and young people
- Talk to the GP practice if you think a social prescriber may be useful for your young person

Other specialist support with health

- Epilepsy team: Based at The Ridge Medical Centre, Bradford
- Bradford Teaching Hospitals NHS Foundation Trust: Learning Disabilities Liaison nurse, Caroline Carrass who is based in safeguarding team, for adults age 18 and over
- Airedale Hospitals NHS Foundation Trust: provide additional support via their safeguarding team
- Other local hospitals – Leeds Teaching Hospitals NHS Trust, Calderdale and Huddersfield NHS Foundation Trust (Huddersfield) and The Mid Yorkshire Hospitals NHS Trust (Wakefield) all have learning disability liaison professionals in post for adults with learning disabilities

Hospital passports

- Hospital passports are used to help people with learning disabilities get the right care and support in hospital
- Recognised at Bradford Royal Infirmary and Airedale Hospital
- Please complete a hospital passport for your young person and take it with you if they need to go into hospital
- [VIP-hospital-passport.pdf \(bdct.nhs.uk\)](http://bdct.nhs.uk/VIP-hospital-passport.pdf)

VIP hospital passport

This VIP Passport gives the hospital staff important information about you.

Please take it with you if you need to go into hospital. Keep it next to you at your bed. If you need help to fill it in ask a member of your family, a friend, a member of staff, your GP or nurse.

Vulnerable in-Patient
VIP
PASSPORT

About me

 My name:

 I like to be called:

 My religious needs are:

 My ethnic background is:

 Language/s I speak: Understand:

 Language/s my carer speaks: Understands:

 Things I like to do and talk about:

Things I don't like to do and talk about:

 Other services involved with me:

(social services, other health services, other)

Date Review date

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NHS

Waddiloves :
Learning Disabilities
Health Support
Team, BDCFT

[Learning Disability
services - Bradford
and Airedale BDCT](#)

- We work across Bradford district and Craven with adults with learning disabilities
- We also support young people with learning disabilities aged 17 onwards, coming into adulthood
- Our team is made up of physiotherapists, occupational therapists, psychologists, psychiatrists, dieticians, nurses, speech & language therapists, associate practitioners and support workers
- We run specialist dental, podiatry, ophthalmology and audiology clinics at Waddiloves if people cannot access mainstream services



What do we do?

- There are over 5,000 people with learning disabilities on the GP's learning disability registers across the Bradford district
- The majority don't require the specialist support of the team - mainstream health services are required to make reasonable adjustments to people with learning disabilities to help them access the care they need
- (The GP LD register helps them do this by flagging people who need extra support)
- We only work with adults (or those in transition) who require specialist support to get their health needs met
 - some people may just need short term support (for instance to have an assessment of their postural requirements)
 - others may be allocated to the team for several years if they have particularly complex, unstable health needs & require long term care co-ordination

Why would you make a referral to the team?

- Examples include:
- If someone has diabetes and they don't understand how to manage this safely
- Issues with Constipation – especially if resulting in repeat hospital admissions
- Repeated chest infections – safe swallowing issues or postural input
- Desensitisation around accessing cervical screening or having bloods taken or having a COVID vaccine
- Significant changes in someone's behaviour
- Possible dementia or mental health concerns
- Needing to go to hospital for treatment /investigations and likely to struggle with this
- To support with transition from children's health services to adult

Transition Team at Waddiloves

Small team of nurses who focus on transition health support for young people with learning disabilities with more complex health needs (physical or emotional)

- Julie, Debbie, Jaimie, Natalie, Reema and Michelle
- You may meet them at the Educational Health and Care plan reviews at special schools when young people get to Year 13
- They will work with the young person and their family to support the person's transition to adult health services (including those on full CHC funding)
- They will develop a Health Assessment with the person and family including a Health Action Plan. This is the Moving on Health Assessment
- Joint work with other professionals completing positive behaviour support plans, communication passports, Dysphagia assessments, etc.
- Work with the person and family to ensure reasonable adjustments and individualised support with health appointments and desensitisation work, liaising with primary and secondary care services to make sure people get their health needs met when they leave childrens services

How to make a referral

- Ring and speak with our Duty team on 01274 497121 (Monday – Friday, 9 – 5 pm)
- Talk to a member of the transition team if they are attending your young person's school review





Bradford Teaching Hospitals
NHS Foundation Trust



City of
BRADFORD
METROPOLITAN DISTRICT COUNCIL