



# World Down Syndrome Day!

MARCH 2021

## Do 21 things during March



Join our mission to raise awareness and funds for Down syndrome. The aim is to do 21 things and raise £21

Throughout March we are encouraging people to do 21 things to raise £21 for our charity. Visit our fundraising page

[www.downsyndromebradford.com/fundraising](http://www.downsyndromebradford.com/fundraising)



21 bike rides  
21 push ups  
21 starjumps  
bake 21 buns  
wear 21 socks!



charity target  
**£2100**



Register your event by completing the [online form](#). Or you can contact us for a good old sponsor form.

**Down Syndrome Training & Support Service**

Registered Charity Number 1130994.  
Company registered in England and Wales 6915555



CONTACT Wendy Uttley or Heidi Shepherd  
Website: [www.downsyndromebradford.com](http://www.downsyndromebradford.com)  
Tel 01274 561308  
Mobile 07816465845 /07512346717  
[office@downsyndromebradford.co.uk](mailto:office@downsyndromebradford.co.uk)