

BRIEFING BRADFORD

Hot Picks

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NHS placements in the VCSE

23rd March, 12:30 – 13:30

Find out about NHS graduate placements from Uzma Fazal (from NHS England/Improvement), Kim Shutler from The Cellar Trust and Sam Rouse (NHS Graduate Management Training Scheme), telling us about their local experience from employer and graduate viewpoints.

Click [here](#) to book your FREE place.

Community Ownership Fund

The £150 million Community Ownership Fund, from the UK government will open in June to help community groups buy or take over local community assets at risk of being lost.

To ensure that communities, can support and continue benefiting from the local facilities, community assets and amenities most important to them.

Community groups will be able to bid for up to £250,000 matched-funding. Find out more [here](#).

Get involved

ICLS and Keighley Pride are working together on Sew Keighley Pride, which is a community Pride flag and they need your help! They are inviting people across the District to contribute to a patchwork flag, made from hundreds of colourful squares that celebrate all aspects of the LGBTQ+ community.

There are lots of ways to get involved; from making your own patch celebrating your LGBTQ+ inspirations, volunteering, sending in a photograph or story.

There is a weekly Stitch Club Tuesdays at 7-8pm on Zoom, where you can ask for advice, bring your sewing, or just pop in for a cuppa and a chat.

You can order a patch kit [here](#) in of the 11 colours in the Progress Pride design, including everything you'll need – fabric, instructions and embroidery thread. For more information, the Stitch Club password or to get involved go to their [website](#) or email [Sophie](#).



New campaign to raise awareness of sexual violence support services

Healthy Minds has launched a new campaign to raise awareness of sexual violence support services for women and girls in the district, designed and produced by Bradford Rape Crisis & Sexual Abuse Survivors Service (BRC&SASS) and it would be great to get your support in sharing it far and wide! [Take a look at their campaign pack](#).

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Living Well survey

Are you thinking of living a healthier lifestyle? Could you take part in our research and earn between £40 - £140?

Living Well are looking for people who live in the Bradford District to test out the Living Well website, which Bradford Council has developed to help make it easier for people to make healthy lifestyle changes. The website can support people with eating well, physical activity, smoking, mental health, drugs & alcohol, long-term conditions and pregnancy and health.

If you're interested in using the website and giving feedback about it as part of their research please take [this survey](#) before Monday 22nd March, it takes around 3 minutes. You will be asked questions about you and the lifestyle changes you would like to make. At the end of the survey, you will be asked if they can contact you about the research. Please note we may not contact everyone who completes this survey.

This survey is being run by [We are Magpie](#), a Yorkshire-based behaviour change agency in partnership with [Brainbox Research](#) on behalf of Bradford Metropolitan District Council.

Upskill for FREE

Would you like to gain a nationally recognised Level 2 qualification without paying a penny?

Why not upskill and educate whilst you isolate? [wefindanylearner.com](#) have over 30 online or paper based courses available FREE. Yep, totally free!

Visit www.wefindanylearner.co.uk to view their full range of courses on offer. To be eligible, you just need to be:

- Over 19
- Living in England
- Not on an Apprenticeship

Places are limited and filling up fast. Simply click [here](#) to start your enrolment. www.wefindanylearner.com/book-online

Online Mental Health Support

[Kooth.com](#) offers free, safe, anonymous, online and same-day mental health support and counselling for 10-18 year olds. In Bradford, Craven, Airedale and Wharfedale, we're really lucky to have the **adult version of this service for anyone aged 19+ - www.Qwell.io**.

This newsletter is a coordinated news service from Community Action Bradford & District. Has this copy been forwarded to you? Want it directly to your inbox? Email briefingbradford@cabad.org.uk for more information or to subscribe.