

Learn. Connect. Be stronger.

# Friends & Family Hub

For families of children with disabilities and learning difficulties

Notice for **PARENTS AND CARERS** of children and young people with disabilities and learning difficulties:

## We are here to support you through the challenges of COVID-19

### How can we help?

- ✓ **Opportunities to connect with other parents and carers in friendly groups** (remotely for now)
- ✓ **Up-to-date information from vital SEND sources**
- ✓ **Regular Zoom events with guest speakers and trainers to develop knowledge and skills**
- ✓ **Online resources and chat groups**
- ✓ **Access to 1:1 support for a listening ear (by telephone / email / Zoom / in person)**
- ✓ **Wellbeing Exchange**
- ✓ **No commitment required – just here if you need us**

## GET IN TOUCH

We have Hubs based in

### Bradford / Menston / Keighley

If you would like to find out more about the groups and how you can get involved, email

[claire@thinkingbiguk.org](mailto:claire@thinkingbiguk.org)



City of  
**BRADFORD**  
METROPOLITAN DISTRICT COUNCIL

Working in Partnership with



Thinking Big is a non-profit, independent, social enterprise. Our aim is to promote social inclusion, opportunity and wellbeing. You can find out more about us by visiting [www.thinkingbiguk.org](http://www.thinkingbiguk.org)

If you want to ask anything about the Friends & Family Hubs, you can email [claire@thinkingbiguk.org](mailto:claire@thinkingbiguk.org)

If you want to get in touch about any of our other projects or training, you can email [admin@thinkingbiguk.org](mailto:admin@thinkingbiguk.org)

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