

Child and Adolescent ADHD Assessment - a brief overview

Thank you for your enquiry about our Child and Adolescent ADHD assessment.

The aim of this guide is to give a summary of the assessment we can offer and hopefully answer any questions you have. Please do not hesitate to contact one of our triage staff on 0203 761 7026 if you have questions or if you would like to book an appointment.

What does the ADHD assessment package involve?

This package has been developed based on evidence based best practice and meets NICE guidelines. It is a very detailed and fully comprehensive ADHD assessment, involving

- Questionnaires for parents, school and your child (age dependent) sent before the appointment,
- 2 hour consultation with a Child and Adolescent Consultant Psychiatrist
- Screening for other common mental health conditions
- A full written psychiatric report that will follow the assessment
- A diagnosis where one can be made
- Treatment recommendations

*Please note that follow up appointments, prescriptions and medications are not included in the price of the assessment

Treatment Options:

There are some important things you need to know about treating ADHD, before you seek an assessment. We always try to be transparent about the future costs in treating in ADHD. Please read the following carefully; and please ring the triage team if you have any questions.

Medication is often recommended for treating ADHD. The medications used are controlled drugs. Before your child starts medication they may need some physical tests (such as an ECG) to make sure that the medication is safe for them. These tests may or may not be available on your local NHS services.

Once your child starts medication, they will need several follow up appointments to find the right level of medication. Your GP or NHS service may not or may not be willing to carry out these follow up appointments. If you are not able to access these appointments through the NHS you will need to pay privately for them.

Once the right dosage of medication has been established, your GP or NHS service may or may not be willing to continue prescribing your child's medication. We cannot guarantee if your local NHS services will be able to do this for you and always recommend that you seek advice from your GP before starting the assessment process.

Your child will need 6 monthly or annual check up appointments to continue with medication. Your GP or local NHS service may or may not be able to provide these. You may need to pay privately for these appointments.

Talking therapies such as CBT can be highly effective for developing effective coping mechanisms which can help some of the difficulties people with ADHD commonly experience. Once learnt, these skills last a lifetime. Clinical Partners have a range of Psychologists and Psychotherapists who can provide these.

Parenting Support can be invaluable for helping parents learn more effective ways of helping their child manage some of the challenges common with ADHD. Clinical Partners have parenting specialists who can help.

What should I do next?

If you would like to find out more about this assessment package or find out where your local clinic is, please call 0203 761 7026 to speak to one of our triage team. Every year, they help thousands of people access the care they need. They will be able to advise on costs and when the next available appointment is.