

# About The Jonas Centre

## Subsidised Holiday Scheme

The Jonas Trust believes that by offering holidays at subsidised rates, it can provide people with a welcome break from the stresses and strains of their current situation, a place where they can reflect on issues that affect them, and spend time with special people.

A referral to The Jonas Centre is valid for one year. If you still feel you need time away, we will request another referral. A referral is signed by both the guest and the referee, usually a professional you have regular contact with. We ask for some aims that you hope will result from your time at The Jonas Centre. We find that this helps people make the most of their stay and time away. There is no limit on the amount of times a guest can book or number of applications a referral agency can make. However, as valuable income to run The Jonas Centre is generated during school holidays, consequently the number of subsidised holidays may be limited during these times.

Each cabin sleeps up to 5 people. The front bedroom has two single beds, and the back bedroom has a bunk bed and a single bed. We ask that you bring your own bedding, duvet cover, pillow cases and single sheet. This helps us keep our laundry costs down. Bedding is available to hire at £5 per set.

# The Jonas Centre and Surrounding Area

## The Jonas Centre

The site is built within 15 acres of land and has stunning views across Wensleydale. A number of animals live on site. A Shetland pony, a pygmy goat, a goose, turkey and quite a few chickens and ducks. There is a playground with wooden trail and swings. Outdoor games such as giant jenga, connect four and other equipment is available along with use of the table tennis table. Indoor games and other activity packs for use on site can be collected from reception.

## The Local Area

There are a number of beautiful market towns and picturesque villages all very close to The Jonas Centre. They are perfect places for a walk around the shops and of course, enjoy tea and cake. Leyburn is only 10 minutes away by car, Richmond is also close and there are plenty of other villages further into Wensleydale all just a short drive

## The Cabins

The kitchen is fully equipped with everything you should need, oven and hob, fridge (freezer space available), microwave, toaster and kettle. Basic cleaning products are provided along with tea towels.

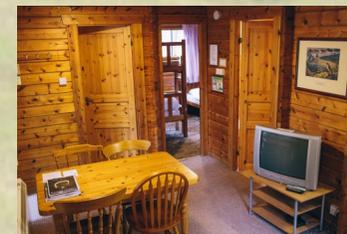
## Local Attractions

There are some famous attractions located close to The Jonas Centre. The Forbidden Corner, voted as Best Children's Attraction in Yorkshire is a fantastic day out for young and old alike. The Wensleydale Creamery in Hawes is where the cheese loved by Wallace and Gromit is made. Bolton Castle is within walking distance of The Jonas Centre, as is the Wensleydale Railway. There is plenty to do and visit without having to go far.

## Walking & Cycling

The surrounding area is full of beautiful sites including Aysgarth Falls and Bolton Castle. Circular routes of varying lengths are available from reception along with Ordnance Survey maps, if you are feeling adventurous.

The bathroom has a bath and shower attachment with separate toilet. The living area has a dining table and chairs, sofa seating and digital TV and DVD player. There is also a Wi-Fi network that the you are able to connect to.



## Feedback

The Jonas Centre is a place where people can find rest,  
we hope that you do too.

'We came originally two years ago when my husband was suffering from brain damage following a cardiac arrest.

We hadn't had a holiday for quite a while as I didn't have the confidence to go anywhere with my husband's condition. Our social worker at the time, suggested that The Jonas Centre might be beneficial to both of us as we both enjoy the countryside and walking.

The staff are so caring and helpful to us and the peace and tranquillity were wonderful. I was extremely stressed when I arrived but went home in a much calmer state.

The Jonas Centre has a very spiritual feel'.

**Regular guests from Middlesbrough  
who find rest at The Jonas Centre**

'The Subsidised Holiday Scheme has been extremely beneficial to those families/patients referred by myself and markedly de-stressed them in their time of personal crisis. Each family needed the unique service, care and support which The Jonas Centre provides. I noticed a difference in the quality of lives of those having enjoyed a tranquil break with you. The process was easy and everyone was so helpful and considerate. I would definitely and without hesitation, recommend The Jonas Centre to other 'leaders'.

**Rev Ian Ferguson, Chaplain, Cornerstone Healthcare  
Network, Blackburn**

If you would like to talk to somebody about a stay at The Jonas Centre or know somebody who might benefit from time away please do not hesitate to contact us via the details below.

Referral forms can also be down loaded from our website.

## Getting to The Jonas Centre

Getting to The Jonas Centre is easiest by car. However we understand that not everybody has personal transport. The Jonas Centre has a relationship with a Community Car Share Scheme. They are able to offer transport from Northallerton train station to the Centre for about £50 (return). All the community drivers also have enhanced DBS checks. This is much cheaper than the cost of a taxi. If this is something you need to use, please let us know and we can help make arrangements.



## When You Leave

When you leave The Jonas Centre we ask that the cabins are left in the same condition as you found them. There are instructions on how to do this in the cabins for your reference.

### Evaluation

We hope that a break away at The Jonas Centre gives you the time and space that you may need. To further understand and develop the impact of the Subsidised Holiday Scheme, we will follow up your visit with an evaluation form to be completed by yourself and your referee.

The Jonas Centre, Redmire, Leyburn,  
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The Jonas Centre is operated by The  
Jonas Trust

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