



Our sessions are designed for young people (aged 8-19) with disabilities and additional needs to enjoy a variety of sports, enabling them to develop their independence and social skills in a fun, relaxed and supportive environment (1:4 staff participant ratio)

### Where and When

**Sedbergh Community Centre,  
Huddersfield Road, BD6 1DJ**

**Wednesday – Term Time**

**5-7pm**

### Booking Info

**Email: [holly@sportworksltd.co.uk](mailto:holly@sportworksltd.co.uk)**

**Call: 07851 062 880**

**FREE sessions**

**Drink and Snack Required**

[www.sportworksltd.co.uk](http://www.sportworksltd.co.uk)

[www.facebook.com/Sportworksyorks](https://www.facebook.com/Sportworksyorks)