

# Navigate

Support at the start of your journey  
as a parent of a disabled child

Are you a parent of a recently diagnosed disabled child or are you going through the process? If so, then **Navigate** is there to support you.

It's for parents and carers with a disabled child up to 18 years of age. Our advisors have lived experience of disability and will support you to find the best way forward.

## This free service includes:

- emotional and practical support over a six week period
- one-to-one sessions tailored to your individual needs
- a bespoke structured programme to help meet any challenges ahead.



**SCOPE**

**=** Equality for disabled people

**“Parents can speak openly and honestly about the things that concern them and not be judged for it.”**

Kate, Navigate Parent Adviser



For more information and to join this service call us on the free phone number or complete the online application form. A member of the team will be in touch within two working days.

**0808 801 0510**

**[scope.org.uk/navigate](https://scope.org.uk/navigate)**

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