

SNOOP INDOOR CLIMBING WALL

SHORT BREAKS PLAY SCHEME CLIMBING PROGRAMME



Come and Learn to climb during the Easter Holidays

Facilities: 5 metre indoor climbing wall. 3 different levels of climbing challenge and bouldering. Fully qualified climbing instructors. All safety and climbing equipment supplied.

Session: Thursday Mornings commencing :

April 5th 2018

April 12th 2018

Each session will run for 1 hour between 9am – 12 pm. Up to 6 children per session can be catered for. 2 qualified instructors will be running each session.

Cost: £5 per young person per hour. To Book your hour slot Ring 01274 292126

Programme Details:

Safety and Equipment	Participants will learn about the equipment used for climbing and how to stay safe around and on the wall and why
Getting ready to climb – Bouldering and Knots	Participants will take part in warm up games and bouldering (low wall) activities to build confidence and experience being on a climbing wall. They will be shown how to secure themselves to the ropes and harness with

	secure knots and work together to practice this important skill for staying safe when climbing.
Climbing	Participants will be able to access 3 levels of challenge of the climbing walls, learn to work together, manage risk to themselves and to others, learn responsibility.
Belaying	Participants will be able to learn how to support another person when climbing on the wall, how to support them to climb up and to come down safely.
Feedback	Participants will be invited to give their feedback on the session and share their story of the day.
Notes for Participants	Consent forms will need to be completed before taking part in this activity. Parents will need to provide information and consent, otherwise the young person will not be allowed to climb. Please note that the order and content of the session may need to change depending on the needs of the young people taking part during any particular session.
Notes for Parents	The climbing activities during each session can be adapted to accommodate the abilities and confidence levels of the young people participating in the session.
Notes for Instructors	All equipment must be risk assessed and checked in line with climbing wall procedures prior to every session and the relevant paperwork completed. Instructors must register the participants and ensure consent forms are completed prior to the start of the activity. The wall must be checked for safety before every session also.

SNOOP management and instructors reserve the right to refuse a person climbing on the wall if they feel there is significant risk to the safety of an individual young person or other people taking part in the session/activity. Due to the nature of the activity, safety is key.

Parents/ Carers will be required to complete a form for registration on the session and to cover health and safety requirements. This information will not be shared with anyone else and used only for the purpose of this activity.

